

Meet Celia and Stephen



Celia Joyce M.P.S.

Celia's insightful knowledge and accepting nature will allow you to open up and be comfortable with your emotions, no matter how strong.

As a spiritual director, counsellor and professional supervisor, Celia is passionately committed to the psycho-spiritual development of people. She assists people address a broad range of

issues including dream work, sexual abuse, bereavement, and loss.

Celia's extensive experience and qualification include: formation as a spiritual director at the Institute of Spiritual Leadership (Chicago), Master's Degree in Pastoral Studies, majoring in Spirituality from Loyola University (Chicago), Groupwork Leadership and Supervision at the Wasley Institute (Perth), Clinical Pastoral Education at Royal Perth Hospital and Royal North Shore Hospital (Sydney). Celia has over 30 years experience as a healthcare professional in a variety of areas including midwifery.



Stephen Truscott S.M., Ph.D.

Stephen's gentle nature and open non-judgemental approach will help you make sense of your experience.

Stephen is committed to the psycho-spiritual growth of people. He assists individuals, groups, and organisations through counselling, spiritual direction, professional supervision, retreats, organisational

reviews and vocational assessment. Stephen provides professional development seminars and personal growth workshops including the Myers-Briggs, the Enneagram, organizational spirituality and Open Space Technology.

Stephen's extensive experience and qualification include: 30 years as a Marist priest, Associate Diploma in Welfare Work, formation as a spiritual director at the Institute of Spiritual Leadership (Chicago), Master's Degree in Pastoral Studies, majoring in Spirituality at Loyola University (Chicago), professional supervision at the Wasley Institute (Perth) and a Ph.D. from Murdoch University examining the developmental influences that shape the practice of contemporary spiritual directors.

Disability access

Our building has access for people with disabilities.

Public transport

The Centre is accessible by public transport. A bus stop is located a few meters from the Centre. For further information contact Transperth information desk on 13 62 13 or the Centre for more details.

Fees

Our Centre, a non-profit incorporated body, endeavours to provide professional services that are financially accessible to all people.

Our fees are determined according to a sliding scale. Specific information regarding fees is available upon request.

A fee will be charged for missed appointments and for cancellations with less than twenty-four hours notice.



Fullness of Life Centre Inc.

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Fullness of Life Centre Inc.

- Spiritual Direction
- Retreats
- Staff Development
- Personal and Spiritual Development



Promoting the holistic development of individuals, groups and organisations

Spiritual Direction and Retreats

Retreats

Bring about significant life change and learn to listen deeply to your own spiritual experience in an environment of prayerful solitude. Your retreat director will help you to listen to and recognise what God is saying in your life and where you are being called.

A retreat is an opportunity for people to take time out to listen to and respond to how their spirituality is working in their life. Retreats can be conducted both in the midst of daily life or in residential retreat centres.

Spiritual direction

Many people today have a growing desire to explore their spirituality. This desire emerges and develops in rich and varied ways.

For some people this desire occurs within their personal life experiences, through reflection upon their inner-self, through meditation or the search for deeper meaning in their lives.

For others this desire is discovered within their relationships, through their yearning to develop or deepen the quality of these relationships, whether with individuals, within groups or within the wider global community.

There are some whose desire is born out of their commitment to bring about justice within the social systems in which they live and work. While others in their passion for the natural world desire to ground their deep concern for the well-being of the environment in a spiritual context.

In a spiritual direction session, a director helps people to explore their human experience to encounter their spirituality within their lives.

For example they do this by:

- Helping people to develop a contemplative stance to enable them so as to be present to the spiritual within all things.
- Assisting men and women to experience their spirituality amidst the joys and struggles of their personal relationships.
- Standing alongside people so that they find a liberating spiritual energy as source of empowerment in the justice work to which they are called.
- Helping people to experience their spirituality within nature as a way of grounding their deep concern for the well-being of the natural environment.

Spiritual direction can be provided in one-to-one, group or corporate contexts.

Staff development

Find the spirit in your organisation and unlock your team's potential. Explore ways to work with organisations, leaders and individuals and respond more effectively to obstacles and challenges. Create broad new possibilities and unleash the life of your group in a safe environment. Your team can experience being their real and best selves in a group, and work cooperatively as a team.

Staff development provides groups and their members with a greater ability to engage and surmount the challenges they face, and to do so with integrity and compassion.

The Centre provides a comprehensive range of workshops that can be adapted to an organisation's needs.

Personal and spiritual growth programmes

Join us at one of our workshops to discover your own personal and spiritual potential.

Explore the challenges in your life and become focused on your life direction.

The Centre provides a comprehensive range of personal and spiritual growth workshops that can be tailored to meet the needs of individuals and organisations.

A workshop brochure can be downloaded from our website www.fullnessoflife.org.

About the Fullness of Life Centre

The Fullness of Life Centre is a not for profit organisation that was established in 1988.

The Centre endeavours to bring quality service within accessible reach of people in need.

The Centre's staff are experienced practitioners whose broad professional background enables them to provide a comprehensive service to meet your needs.

"I came that they may have life and have it to the full". (Jn 10:10)