

Meet Celia and Stephen



Celia Joyce M.P.S.

Celia's insightful knowledge and accepting nature will allow you to open up and be comfortable with your emotions, no matter how strong.

As a spiritual director, counsellor and professional supervisor, Celia is passionately committed to the psycho-spiritual development of people. She assists people address a broad range of issues including dream work, sexual abuse, bereavement, and loss.

Celia's extensive experience and qualification include: formation as a spiritual director at the Institute of Spiritual Leadership (Chicago), Master's Degree in Pastoral Studies, majoring in Spirituality from Loyola University (Chicago), Groupwork Leadership and Supervision at the Wasley Institute (Perth), Clinical Pastoral Education at Royal Perth Hospital and Royal North Shore Hospital (Sydney). Celia has over 30 years experience as a healthcare professional in a variety of areas including midwifery.



Stephen Truscott S.M., Ph.D.

Stephen's gentle nature and open non-judgemental approach will help you make sense of your experience.

Stephen is committed to the psycho-spiritual growth of people. He assists individuals, groups, and organisations through counselling, spiritual direction, professional supervision, retreats, organisational

reviews and vocational assessment. Stephen provides professional development seminars and personal growth workshops including the Myers-Briggs, the Enneagram, organizational spirituality and Open Space Technology.

Stephen's extensive experience and qualification include: 30 years as a Marist priest, Associate Diploma in Welfare Work, formation as a spiritual director at the Institute of Spiritual Leadership (Chicago), Master's Degree in Pastoral Studies, majoring in Spirituality at Loyola University (Chicago), professional supervision at the Wasley Institute (Perth) and a Ph.D. from Murdoch University examining the developmental influences that shape the practice of contemporary spiritual directors.

Disability access

Our building has access for people with disabilities.

Public transport

The Centre is accessible by public transport. A bus stop is located a few meters from the Centre. For further information contact Transperth information desk on 13 62 13 or the Centre for more details.

Fees

Our Centre, a non-profit incorporated body, endeavours to provide professional services that are financially accessible to all people.

Our fees are determined according to a sliding scale. Specific information regarding fees is available upon request.

A fee will be charged for missed appointments and for cancellations with less than twenty-four hours notice.



Fullness of Life Centre Inc.

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Fullness of Life Centre Inc.

- Counselling
- Professional Supervision
- Staff Development
- Employee Assistance Programmes



Promoting the holistic development of individuals, groups and organisations

Counselling and Professional Supervision

Counselling

Counselling can help you to mobilise your inner resources to find solutions to problems and new ways to cope. It provides you with a supportive environment in which personal growth can occur.

Explore who you are and find direction and meaning in life.

Some of the issues you may wish to discuss in counselling are:

- Loss, grief, trauma and bereavement
- Difficulties in handling life-transitions
- Relationship difficulties
- Separation and divorce
- Self-esteem issues
- Living with a disability
- Unresolved conflict
- Anger management
- Stress, anxiety and depression
- Sexuality and sexual orientation
- Drug and alcohol problems
- Sexual abuse (past and present)
- Domestic violence (physical, emotional, psychological, economic and sexual)

Professional Supervision

Professional supervision is available for counsellors, therapists, spiritual directors and others with pastoral care responsibilities.

Supervision promotes good practice. It focuses on supervisees' work with their clients.

Staff Development

Find the spirit in your organisation and unlock your team's potential. Explore ways to work with organisations, leaders and individuals and respond more effectively to obstacles and challenges. Create broad new possibilities and unleash the life of your group in a safe environment. Your team can experience being their real and best selves in a group, and work cooperatively as a team.

Staff development provides groups and their members with a greater ability to engage and surmount the challenges they face, and to do so with integrity and compassion.

The Centre provides a comprehensive range of workshops that can be adapted to an organisation's needs.

Employee Assistance Programmes

Are your staff having difficulties in or outside of work? Do you want to improve their productivity and wellbeing?

An Employee Assistance Programme is a worksite-focused programme that assists employees identify and resolve concerns that affect their performance.

Organisations can contract the Centre to provide confidential counselling for their personnel.

About the Fullness of Life Centre

The Fullness of Life Centre is a not for profit organisation that was established in 1988.

The Centre endeavours to bring quality service within accessible reach of people in need.

The Centre's staff are experienced practitioners whose broad professional background enables them to provide a comprehensive service to meet your needs.

"I came that they may have life and have it to the full". (Jn 10:10)